



# BINNIE A DANSBY

## ARCHETYPAL AFFIRMATIONS

**FUNDAMENTAL THOUGHT FORMS THAT EVOKE SPECIFIC LIFE DIMINISHING THOUGHTS  
SO THAT THEY CAN BE ACKNOWLEDGED & RELEASED FROM MIND & BODY...**

### **I am Spirit manifest in beautiful form!**

I am limitless, a receiver of light!  
I am a gift from God to the Earth!  
I am a high thought... I am love!

### **I am Connected in love to all that lives and all that breathes!**

I am connected to Divine Intelligence that knows my good!  
My timing is perfect!  
I am always in the right place at the right time, doing & saying the right thing!

### **I am an Expression of love!**

I have a right to be here!  
It is safe to express myself!  
I am listening!

### **I am the Innocent child of a Gentle God. I deserve to experience all of my Love!**

Everyone is safe with me!  
Everyone is glad that I am here!  
I am open to receive all the love that comes to me. I deserve it!

### **I am the ONE who Chooses what to think and how to use my energy!**

All my feelings are safe!  
I am enough... I do enough... I have enough!  
I am the power and authority in my life!

### **I am surrounded by love & Support from all the Divine Beings in my life!**

The entire physical universe exists to support me in physical form!  
The more I let go/release/relax, the more I experience the support already provided for me!  
I am here for me and everyone benefits!

### **My body is Safe, no matter how I might be feeling!**

The breath is safe, it supports the release of discomfort, no matter how long I have stored it!  
Life only produces life!  
I am the Earth... I am creativity!